

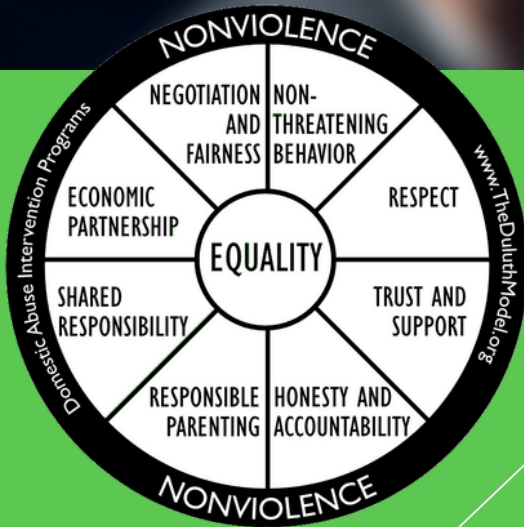


# MEN'S NONVIOLENCE CLASSES



## WE OFFER

### BATTERER INTERVENTION CLASSES FOR MEN INVOLVED IN INTIMATE PARTNER VIOLENCE



### PROGRAM OVERVIEW

These classes help men to examine their belief system and behaviors that support violence, expand definitions of violence and controlling behaviors, discuss the effects of violence on women, children and himself, and identify and practice non-controlling alternatives.

### GOALS

- Stopping his violence and abusive behavior
- Understanding the effect of his violence and controlling behavior
- Accepting responsibility for his behavior and taking specific steps to change
- Learning to be respectful of her by listening, expressing feelings in a non-abusive way, and supporting her right to make her own choices about her day-to-day activities and life.

### GROUPS

Groups consist of up to 10 participants plus 2 facilitators. The program is 27 weeks. Participants attend one group/class per week.

## CONTACT

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